

ENTREES

SHRIMP & GRITS GF 12.00 <i>stone-ground grits, tomato, green onion, Tasso ham, red-eye gravy; add two eggs* for \$2.50</i>	THE LAMP POST* 11.00 <i>two eggs any style, cheese grits, breakfast potatoes, sausage gravy, homemade biscuit, and choice of bacon, ham, sausage or turkey-apple sausage</i>
BAY STREET SCRAMBLE 10.00 <i>scrambled eggs, bacon, mushroom, tomato, green onion, cheddar, breakfast potatoes, mornay sauce, homemade biscuit</i>	FRIED GREEN TOMATO BENEDICT 10.00 <i>fried green tomatoes, poached eggs*, mixed greens, goat cheese, on homemade biscuit, mornay sauce; served with fresh fruit</i>
QUICHE 9.00 <i>daily selection of quiche served with fresh fruit</i>	MAYME'S OMELETTE 10.50 <i>spinach, tomato, caramelized onion, zucchini, avocado, goat cheese; served with fresh fruit and your choice of grits or breakfast potatoes</i>
VEGGIE SCRAMBLE 9.50 <i>scrambled eggs, spinach, mushroom, tomato, green onion, zucchini, cheddar, goat cheese, breakfast potatoes, homemade biscuit</i>	HAM & CHEESE OMELETTE 10.00 <i>ham, choice of cheese; served with fresh fruit and choice of grits or breakfast potatoes</i>
SALMON HASH GF 10.00 <i>grilled salmon, apple, rutabaga and butternut squash hash, sunny side egg*</i>	PANCAKES 9.00 <i>fluffy homemade pancakes; choice of bacon, ham, sausage, turkey-apple sausage; add chocolate, blueberries, or pecans for \$1.5</i>
BISCUITS & GRAVY 6.00 <i>choice of mushroom gravy (vegetarian), or sausage gravy; add two eggs* for \$2.50</i>	CHICKEN N' BISCUIT 8.00 <i>fried chicken, pimento cheese, homemade biscuit, topped with sausage gravy; add two eggs* for \$2.50</i>
YOGURT & GRANOLA 6.00 <i>greek vanilla yogurt, granola, fresh fruit</i>	

A LA CARTE

BISCUIT 1.50
TOAST 2.00
PANCAKE 3.00
CHEESE GRITS 2.50
BREAKFAST POTATOES 2.50
EGGS (2) 2.50
FRUIT 3.00
GRAVY 3.00
BACON 3.00
HAM 3.00
SAUSAGE 3.00
TURKEY-APPLE SAUSAGE 3.00

BEVERAGES

COFFEE
HOT TEAS
HOT COCOA
ICED TEA SWEET, UNSWEET
SOFT DRINKS COKE, DIET COKE, SPRITE, ROOT BEER, GINGER ALE, LEMONADE
JUICES ORANGE, APPLE, CRANBERRY, GRAPEFRUIT, PINEAPPLE, V8
MILK - 2%, SOY
FULL BAR SELECTION AVAILABLE

*Warning: Consuming raw or undercooked meat, seafood, or egg products can increase your risk of foodborne illness. WARNING FOR THOSE WITH CELLAC DISEASE OR EXTREME SENSITIVITY TO GLUTEN: Please be aware that many of our regular menu items contain wheat, which presents a slight risk of contamination due to shared fryers and airborne wheat particles. While we do our best to avoid cross contamination, we cannot guarantee that items are completely free of allergens. Please notify your server of any food allergies. GF = Gluten Free